


APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Activity Centre (AC) Art Room (AR) Bistro Library (BL) Bus (BUS) Chef's Table (CT) Dining Room (DR) GYM (GYM) Games Room (GR) Main Lobby (ML) Movement Studio (MS) Private Dining Room (PDR) Theatre (T)	APRIL FOOLS DAY 9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness and Friends (Seated) (MS) 1:00pm Tech Savy 1-on-1 (AR) 2:30pm Bus Trip: 2025 By-Election Advanced Voting Shuttle (City Hall) (BUS) 2:30pm "In the Pocket" Pool Game (AC) 3:45pm Karaoke (T)	10:30am Bus Trip: Neverland's Cherry Blossom High Tea (Kitsilano) (BUS) 2:15pm TV Series: Family Affair (1967) (T) 3:00pm DIY Creations: Easter Wreaths (AR)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness & Friends (Seated) (MS) 2:30pm F.I.T. Circuit Training (GYM) 3:30pm Live Entertainment: Doug Louie & Dave Quinn Duo (ML)	9:30am Tai Chi with Master Liu (MS) 10:30am VPL Mobile Library (BL) 11:00am Sing A Long With Tim (T) 2:30pm Ballroom Danceworkz (MS) 3:45pm Step It Up - Fitness (MS) 4:30pm Guided Meditation (T)	9:15am Zumba (MS) 10:30am Karaoke (T) 2:30pm Mahjong (Resident Led) (GR) 2:45pm Cycle Fit (Seated Cardio) (MS) 3:45pm Bingo (BL) 6:45pm Film & Fiction: A Million Miles Away (2023) (T)
9:00am Yoga - Aging Gracefully With Nanase (MS) 10:30am Nintendo Sports (Virtual Games) (T) 2:45pm Carrot Cake Social (BL) 3:15pm Classic Movie: Where The Boys Are (1960) (T) 3:45pm Table Top Games: Chess (AC)	10:15am Grocery Shuttle: Costco (Vancouver) (BUS) 2:30pm Balance & Better Bones (MS) 3:30pm Walk n Talk (The Mighty Oak Coffee Shop) (ML)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness and Friends (Seated) (MS) 1:00pm Tech Savy 1-on-1 (AR) 2:30pm "In the Pocket" Pool Game (AC) 3:45pm Karaoke (T)	10:00am Bus Trip: Cherry Blossom Scenic Drive (BUS) 10:45am Cantonese Chapel Service (T) 2:15pm TV Series: Family Affair (1967) (T) 2:30pm Welcome New Residents & Birthday Par-Tea Celebration (DR)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness & Friends (Seated) (MS) 2:30pm Pickleball (MS) 3:30pm Fun & Games: Indoor Putt Putt Golf (MS)	9:30am Tai Chi with Master Liu (MS) 10:30am VPL Mobile Library (BL) 11:00am Bridge with Hugh Chaun (AC) 2:00pm Rummikub (AC) 3:45pm Step It Up - Fitness (MS)	9:15am Zumba (MS) 10:30am Ping Pong (AC) 2:30pm Mahjong (Resident Led) (GR) 2:45pm Cycle Fit (Seated Cardio) (MS) 3:45pm Bingo (BL) 6:45pm Film & Fiction: On a Wing and a Prayer (2023) (T)
9:00am Yoga - Aging Gracefully With Nanase (MS) 10:30am Brain Boosters (AR) 2:45pm Carrot Cake Social (BL) 3:15pm Classic Movie: Girl Happy (1965) (T) 3:45pm Table Top Games: Scrabble (AC)	10:15am Grocery Shuttle: Walmart (Richmond) (BUS) 10:30am Cycling Without Age Demo & Orientation (AR) 2:30pm Having A Ball - Fitness (MS) 3:15pm Art Inspirations with Barbara (AR)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness and Friends (Seated) (MS) 1:00pm Tech Savy 1-on-1 (AR) 2:30pm Chef Demo: Vegan Pasta Primavera (CT) 3:45pm Karaoke (T)	9:45am Bus Trip: Shopping & Lunch at Richmond Centre (BUS) 2:15pm TV Series: Family Affair (1967) (T) 3:00pm DIY Creations: Stuffed Easter Bunnies (AR)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness & Friends (Seated) (MS) 11:30am Get to Know Our Managers Lunch (PDR) 2:30pm F.I.T. Circuit Training (GYM) 3:30pm Live Entertainment: Vikky & Michael Samson (Vocals) (ML)	GOOD FRIDAY 9:30am Tai Chi with Master Liu (MS) 10:30am VPL Mobile Library (BL) 11:00am Sing A Long With Tim (T) 2:30pm Ballroom Danceworkz (MS) 3:45pm Step It Up - Fitness (MS) 4:30pm Guided Meditation (T)	9:15am Zumba (MS) 10:30am Karaoke (T) 2:30pm Mahjong (Resident Led) (GR) 2:45pm Cycle Fit (Seated Cardio) (MS) 3:45pm Bingo (BL) 6:45pm Film & Fiction: Easter Sunday (2022) (T)
9:00am Yoga - Aging Gracefully With Nanase (MS) 11:30am Hoppy Easter Lunch with Music by the 5 Dog Ears Band (DR) 3:15pm Classic Movie: My Fair Lady (1964) (T) 3:45pm Easter Egg Hunt! (ML)	10:15am Grocery Shuttle: Price Smart (Richmond) (BUS) 2:30pm Balance & Better Bones (MS) 3:30pm Chinese Hymns and Stories (AR)	EARTH DAY 9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness and Friends (Seated) (MS) 1:00pm Tech Savy 1-on-1 (AR) 2:30pm "In the Pocket" Pool Game (AC) 3:00pm The Men's Club: Games Edition (AC) 3:45pm Karaoke (T) 6:00pm Resident & Family Council Education (PDR)	9:45am Bus Trip: Greenworks Nursery & Cafe (Marine Drive) (BUS) 2:15pm TV Series: Family Affair (1967) (T) 3:00pm Basic English Class with Betty Chan (AR)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness & Friends (Seated) (MS) 2:30pm Pickleball (MS) 3:30pm Live Entertainment: UBC School of Music Student Concert (ML)	9:30am Tai Chi with Master Liu (MS) 10:30am VPL Mobile Library (BL) 11:00am Bridge with Hugh Chaun (AC) 2:00pm Rummikub (AC) 3:45pm Step It Up - Fitness (MS)	9:15am Zumba (MS) 10:30am Ping Pong (AC) 2:30pm Mahjong (Resident Led) (GR) 2:45pm Cycle Fit (Seated Cardio) (MS) 3:45pm Bingo (BL) 6:45pm Chinese Film & Fiction: Ride On (2023) (T)
9:00am Yoga - Aging Gracefully With Nanase (MS) 10:30am Brain Boosters (AR) 2:45pm Carrot Cake Social (BL) 3:15pm Classic Movie: Scent of a Woman (1992) (T) 3:45pm Table Top Games: Scrabble (AC)	10:15am Grocery Shuttle: 88 Supermarket (Richmond) (BUS) 2:30pm Having A Ball - Fitness (MS) 3:30pm Special Featured Chinese Concert: Jenny Tseng 甄妮 (T)	9:30am Fitness & Friends (Standing) (MS) 10:40am Fitness and Friends (Seated) (MS) 1:00pm Tech Savy 1-on-1 (AR) 2:30pm "In the Pocket" Pool Game (AC) 3:00pm The Women's Club: High Tea (BL) 3:45pm Karaoke (T)	9:45am Bus Trip: Shopping on Victoria Drive (BUS) 2:15pm TV Series: Family Affair (1967) (T) 2:30pm The Bloom & Botanical Club - Rooftop Planting (AR)			